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Fact Sheet

**Take Action!**

Sixth Annual  
National LGBT Health  
Awareness Week  
**April 6-12, 2008**

make your body healthy, make your mind strong, make your community powerful, make your voice heard

## TAKE ACTION: ACCESS TO QUALITY HEALTHCARE

As an LGBT person, you may not have equal access to quality healthcare. This occurs for many reasons:

- Health professionals may not be sensitive to your particular concerns and/or may be uncomfortable working with LGBT people.
- Because of the fear of homophobia, transphobia and discrimination, you may withhold personal information from health care providers. This can include information such as sexual orientation, gender identity or expression, sexual and behavioral risks.

### There are ways of seeking culturally competent healthcare:

- Check out National Coalition for LGBT Health members. See if any of them are near you and call them for a local referral.
- If you have insurance, ask your insurer carrier if they know which doctors have experience working with LGBT people.
- Contact your local community health center and ask if they have experience working with LGBT people.
- Contact your local LGBT community center and see if they maintain a referral network.

### TAKE ACTION! You deserve access to culturally competent healthcare!

### For more information, please see:


Gay and Lesbian Medical Association ([www.glma.org](http://www.glma.org))

The National Association of LGBT Community Center (<http://www.lgbtcenters.org/>)

The National Coalition for LGBT Health ([www.lgbthealth.net](http://www.lgbthealth.net))



A PROGRAM OF

 National Coalition  
for LGBT Health

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